

# Grand News



1st Issue 2007

The newsletter of Wallace & Gromit's Grand Appeal supporting the Royal Hospital for Children, Bristol.

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## Bristol Half Marathon

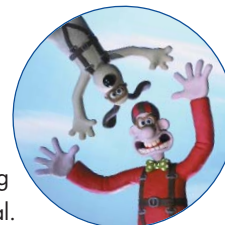
Now's your chance to beat the queues and sign up to the Bristol Half Marathon in September 2007. If you register before Friday 30th March, you can save yourself £10, and ensure you'll have a guaranteed place in one of Bristol's Best loved events. Also, by registering by this date you will automatically be entered into a prize draw to win some top Wallace & Gromit goodies.

Register before  
Friday 30th March,  
and you can save  
£10  
off the registration  
fee!

Call Laura on 0800 919 649 to  
request your registration form.

## Skydiving Anyone?

On the 7th and 8th of April this year our adrenaline junkie volunteer, John Wilkins is going to be celebrating his 76th Birthday in style by skydiving with 75 other people to raise money for The Appeal.



After raising a minimum of £360 in sponsorship, which includes the cost of your skydive, no matter how brave, old, or experienced you are, a skydive is something you'll never forget. Helping John celebrate his birthday by skydiving alongside other Grand Appeal supporters will be a great way of having an experience of a lifetime whilst raising vital funds for Bristol Children's Hospital.

If you are interested and would like a skydiving information pack please phone Ria on 0800 919 649.

## Licence to Thrill

My name is Bev Neger and i've always dreamed of a trip to India. One of my grandsons was extremely ill at 19 months but made a full recovery thanks to the facilities and expertise of the Bristol Children's Hospital. We will always be grateful and I felt this was a way of giving something back.

So, after weeks of training (not many mountains near Swindon!) I arrived at Heathrow nervously heading to meet 19 strangers. Flying into Delhi we entered a world of cars, horses, rickshaws amid a clamour of noise. The next day we arrived in Dharamsala the tranquil home of the Dalai Lama where we explored temples, monasteries and sampled Tibetan lifestyle.

After acclimatisation our treks began but were tougher than anyone had anticipated - 12 miles per day at 9,000 feet in rarefied air. It was hazardous, tiring though joyous, and sometimes terrifying! Woken at 6 am with a cup of cha we trekked from 8 to 5 and camped in two-

person tents with limited washing facilities.

The views were fantastic among the mountain passes where villages with life unchanged in hundreds of years have almost no contact with the outside world. Their people were warm and welcoming - this was the India I had come to see.

Evenings were spent around the camp fire enjoying fabulous meals prepared by our cooks, telling stories and gazing at the Milky Way. Wildlife ranged from wild monkeys and vultures to less desirable snakes and insects. Our ages varied between 21 and 60 and everyone got on extremely well.

After visting the Taragarh Palace and the Taj Mahal, I said my goodbyes to people with whom I had spent two weeks laughing, sometimes crying. But the experience was great - we were well looked after by the company, its leaders, sherpas, cooks etc... we simply had to get on with the walking!

This was an amazing adventure that I'll never forget, with the added knowledge that I've helped The Grand Appeal to support the wonderful children's hospital in Bristol.



"It was hazardous, tiring though joyous, and sometimes terrifying!"

See the Grand Appeal Events Calendar inside for how you can take part in an amazing adventure like Bev's.



**Guardian Angels**  
Supporting the Bristol Children's Hospital

# Become a Guardian Angel to the Children's Hospital

Every parent wishes for a healthy child, unfortunately not everyone can be so lucky. Each Year over **75,000** children are admitted to the Bristol Children's hospital with over **45,000** having to stay at least overnight.

Children in the Hospital receive the very best medical care and treatment possible but NHS funding alone cannot meet the complex and demanding needs of patients and their families, that's why we need your help.

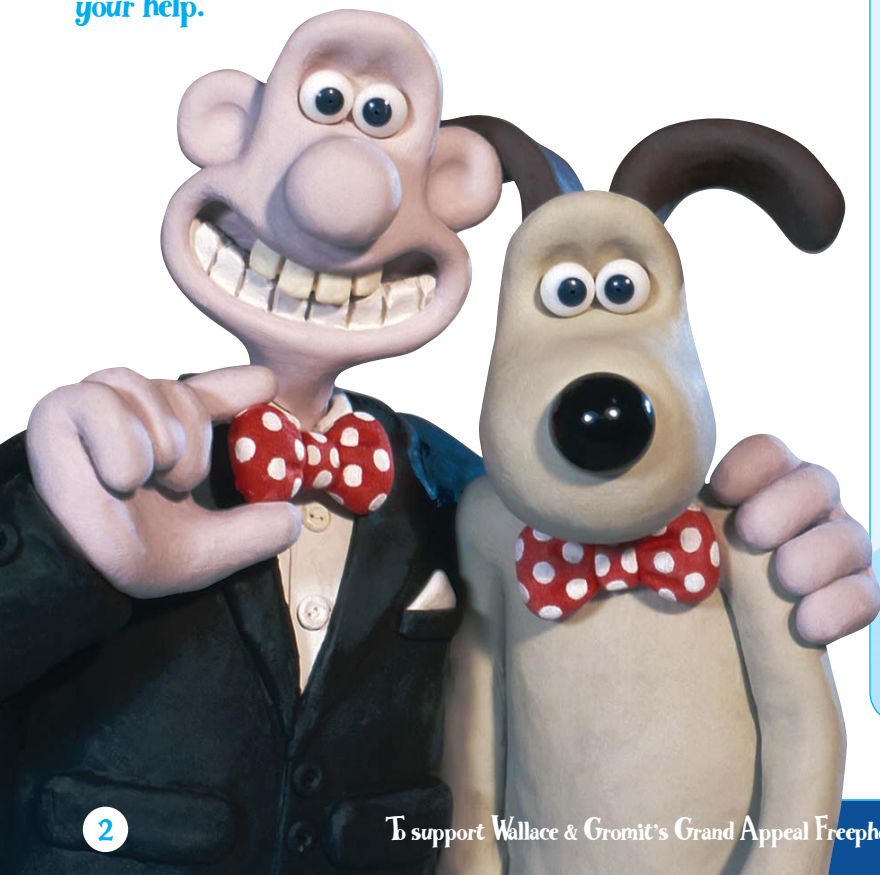
We want you to become a Guardian Angel of the Bristol Children's Hospital, to help us to care for these children and their families. By becoming a Guardian Angel and donating regularly to the Appeal you can help us to plan for the future and make lasting difference to the life of children across the South West.

By choosing to become a Guardian Angel of the Bristol children's hospital not only will you be supporting the **17 million** Children that rely on the hospital, you will also receive an exclusive Guardian Angel pack which includes:

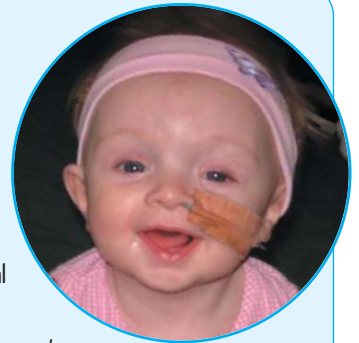
- **A Wallace & Gromit Tshirt & Pin Badge**
- **A Guardian Angels Certificate**
- **You will be invited for an annual tour and VIP evening at the Bristol Children's Hospital**
- **You will also receive our quarterly newsletter with updates on the projects your money is supporting and great fun events which you can be part of.**

To celebrate your Guardian Angel Anniversary your name will be added to our role of honour and be displayed in the Bristol Children's Hospital.

**So please become a Guardian Angel today, we really need your help.**



## Caitlin Stuart



from Bristol was born with only 20 per cent function in one kidney, and nothing from the other and so she has been a patient in the Children's hospital Renal ward since she was born.

*"Caitlin is 16 months old now, but she's spent thirteen of those in hospital," says mum Rachael.*

So far she has had fourteen separate operations, and a stream of potentially fatal illnesses.

*"I didn't leave the hospital for two weeks after she was born, and she didn't come home at all for about four months. At only two days old Caitlin had her first surgery, which was so worrying for all of us," continues Rachael, "it's so painful seeing someone so small having to undergo something like that."*

And with three other kids to care for - Mason, 2, Cole, 8, and Kai, 12 - it's been tough for the entire family.

*"The hospital staff have been amazing, and the play workers are absolutely fabulous," enthuses Rachael "There's a woman called Julia who teaches the kids about music, and Caitlin's face absolutely lights up when she sees her coming in."*

*"Caitlin is such a happy child, always smiling, and to look at her you wouldn't know anything was wrong with her."*

*"But she wouldn't be the loving, mischievous minx that she is were it not for all the things the hospital staff and play workers have done for her."*

To help Caitlin and other children like her in the Children's Hospital Renal Unit please sign up for the Guardian Angels scheme to support the Grand Appeal.

**Complete the details opposite & return the slip to the Grand Appeal.**



**Guardian Angels**  
Supporting the Bristol Children's Hospital

# How you can help...

**£25** helps provide a family with a room for 1 week in the hospital's family accommodation unit when their child is sick in hospital.

**£30** helps provide materials for the hospital school room to ensure that children who have to spend most of their life in hospital do not miss out on their education.

**£40** Will buy a MRI scanner model to help explain to children what happens when they go into an MRI scanner to help relieve their fear and anxiety and make the procedure less scary and intimidating.

**£70** helps provide an anatomical doll to help explain treatments to a young patient, to allow them to ask questions and understand what is happening.

**£120** helps provide a play specialist for 1 day. Play is very important to help children adapt to any difficulties they may have resulting from hospitalisation, to make the experience less traumatic.

**£120** is the cost of a specialist Music Therapist for one day on one ward to divert a child's mind from their illness and help with therapeutically with their recovery process.

**£250** helps to buy a patient recovery chair for children to rest in after an operation which is adjustable for child of all ages.

**£1,500** will buy a Syringe Pump used to deliver chemotherapy to patients suffering from cancer

**£2,000** will provide for equipment, play materials, TV and DVD for the new playroom in the new Renal Playroom

**£2,500** will help buy a new temporary heart pacemaker: used to treat babies and children immediately following open heart surgery. Often children in the first few days following heart operations experience disturbances in their hear rate and rhythm the temporary heart pacemaker allows us to control the heart until it has had time to recover.

**£7,640** will buy a Heart Monitor for the Intensive Care Unit to monitor the vital signs of a critically ill child.

**£22,000** will buy a baby life support machine for the Intensive Care Unit to provide ventilation for critically ill babies

**...these are just some examples of how you can help the hospital.**



Become a  
**Guardian Angel**  
& help support the  
**1.7 million**  
children that rely on  
the hospital

## Guardian Angels Registration Form:

**I would like to become a Guardian Angel of the sick children and their families being treated in the Bristol Children's hospital.**

I wish to help provide much needed additional comforts and facilities as well as life-changing equipment and enable us to attract the best doctors, researchers and nurses in the world to ensure every child receives the very best possible care by making a regular donation.

Please send more details to:

Name \_\_\_\_\_

Date of Birth (optional) \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Contact Telephone Number \_\_\_\_\_

Contact email Address \_\_\_\_\_

Please return this completed form to:  
**Wallace & Gromit's Grand Appeal**  
**Freepost SWB 315, Bristol BS2 8ZZ**

If you have any questions please contact us on  
**0800 919 649**  
or email us at  
**info@grandappeal.org.uk**

## Run With Rupert

Hi, my name's Rupert Janisch and I'm a reporter for the Bristol Evening Post. I'm running the London Marathon this year to try and raise £3,000 for the children's hospital emergency retrieval team in the intensive care unit.

The Children's Intensive Care Unit provides a retrieval service to infants and children from throughout the South West run by a team of specially trained doctors and nurses. This virtual mobile intensive care unit, offers the same standard of treatment and monitoring that is available back on PICU. The team need a new vital signs transport monitor, to monitor the child's heart rate, blood pressure, the amount of oxygen in their blood and expired carbon dioxide when the child is attached to a portable life support machine.

I've been running for years but I've never done a marathon before and this is going to be the biggest challenge of my life so far. I'm going to aim for three hours - it's going to be tough but I know that with plenty of support and lots of training it's a time which I'm capable of. But it's a great cause to be running for and I'm looking forward to getting training started. If you want to sponsor me, go to [www.justgiving.com/runwithrupert](http://www.justgiving.com/runwithrupert)

"this is going to be the biggest challenge of my life"



# Thank You!

## The Bristol Property Agents

**Association**, headed up by

**President George Cardale of**

**Savills** raised £6,500 for the Appeal from their ball in Clifton and a Golf Day.



**Linden Homes** raised an amazing £11,000 from their Annual Golf Day and Dinner at Bowood house.



Thank you very much to the **Yorkshire Building Society Charitable Foundation** who have

donated a cracking £2k to Bristol Children's Hospital's New Medical ward's Playroom. This donation will give the new ward's patients a superb playroom!



**The Bristol Electric Club** raised £5,000 from their Christmas party & auction.



**Cara Green, Sophie Singleton and Phillip**

**MacDonald** deserve a huge thank you for completing the exhausting Lands End to John O'Groats bike ride back in June of this year.

A fantastic £6260 was raised for the hospital's physiotherapy department!

Thanks to **Bev Neger** from Swindon for raising over £1300 from her adventures trekking in India. See page 2 for the full story.



Thank you very much **The Odeon, Broadmead**, who raised almost £600 from hosting a preview screening of **Charlotte's Web** and thanks to all those who came along. Watch this space for future premieres!

Last, but not least, our thanks go to **Dean Williams** for running the Cardiff Marathon for the Appeal following successful treatment at the Bristol Children's Hospital for his son loan. We will feature loan's full story in the next edition of Grand News.

## Mobile Phone Amnesty Give it up for the Grand Appeal



Are you hoarding your old brick of a phone you've had for the past decade? Did you get a new phone this year and you're not sure what to do with the old one? Or are you mobile savvy with a drawer full of the latest models? If so, then The Grand Appeal want you to hand them over to raise funds for the children's hospital.

You can either mail your old phone to us in the bag enclosed in this newsletter, bring them into the hospital or to our office if you're local or alternatively call Laura to arrange a collection.

**We also accept stamps, printer cartridges & foreign coins.**

To learn more about how you can turn your trash into cash, call the Appeal now on freephone 0800 919 649.

So far the Appeal has raised over **\$43,000.00** through recycling; help us beat this figure in 2007

## A Huge Thank You...

The Grand Appeal would like to say a huge thank you to King Edmunds Community School & Sixth Form College who raised a **fantastic £200** from a whole week of fundraising. The students held a disco in aid of the Appeal and also hosted a non-uniform day, as well as many other activities to reach the amount.

We would also like to say thank you to all the other schools in and around Bristol who have helped support the Appeal throughout the year. Your support really does make a tremendous difference to the lives of the Children in the hospital.

**The Grand Appeal has a fundraiser dedicated to help schools fundraise for the Appeal so to request a FUNdraising pack for your school, or to receive a visit from our Schools & Community Fundraiser to speak in your assembly or to staff, call Laura on 0800 919 649 today!**

## Coming soon to a house near you...

In 2007, a regular house to house clothes collection scheme will start in your area. All you have to do is look out for our bags, fill it to the top with your old gear and Clothes Aid will turn them into funds for us.

For more information call Laura on 0800 919 649.

CLOTHES AID